

# WERRINGTON LEISURE CENTRE - CLASS TIMETABLE

## MONDAY

Time	Class	Room	Instructor
18:00 - 18:45	Studio Cycling	Community	Kaz

## TUESDAY

Time	Class	Room	Instructor
19:30 - 20:30	Pilates	Dance	Dave

## WEDNESDAY

Time	Class	Room	Instructor
18:00 - 18:45	Studio Cycling	Community	Kaz
18:30 - 19:30	Yoga	Dance	Laura

## THURSDAY

Time	Class	Room	Instructor
18:00 - 18:45	Body Condition	Drama	Duncan
18:50 - 19:35	Weights Circuits	Drama	Duncan
19:30 - 20:30	Pilates	Dance	Dave